

# ELIGIBLE & INELIGIBLE HEALTH FSA EXPENSES

All submitted expenses are reviewed according to the regulations of Internal Revenue Code Section 125. All claims must be substantiated and appropriate documentation must be provided.

# Some expenses may require documentation from your physician.

#### **Drugs**

## **Eligible**

- -Both prescription and over-the-counter drugs (with a Physician's prescription) that treats a medical condition.
- -Birth control drugs.
- -Insulin.

# Ineligible

- -Dietary supplements including vitamins, pre-natal vitamins (even if doctor prescribed) and herbs.
- -Drugs for cosmetic purposes.

#### **Vision Care**

## Eligible

- -Optometrist or ophthalmologist fees
- -Eyeglasses.
- -Contact lenses and cleaning solutions.
- -Prescription sunglasses.
- -Corrective eye surgery (such as radial keratotomy).

#### Ineligible

- -Lens replacement insurance.
- -Warranties.
- -Protection plans.
- -Coating/tints that do not treat a medical condition

#### **Dental/Orthodontic Care**

# Eligible

- -Dental care.
- -Artificial teeth/dentures.
- -Cost of fluoridation of home water supply advised by dentist.
- -Braces, orthodontic services (only those incurred within the active plan year).

#### Ineligible

- -Teeth bleaching.
- -Tooth bonding that is not medically necessary.

## **Treatments/Therapies**

#### Eligible

- -Weight loss programs prescribed to treat a medical condition.
- -X-ray treatments.
- -Smoking cessation programs.
- -Treatment of alcoholism or drug dependency.
- -Acupuncture.
- -Vaccinations.
- -Physical therapy (as a medical treatment).
- -Speech therapy.
- -Occupational therapy.
- -Infertility treatment.

#### Ineligible

- -Physical treatments unrelated to specific health problem (e.g., massage for general well-being).
- -Any illegal treatment

#### Insurance

#### Eliaible

- -Deductibles and copayments for health care plans (medical, dental, vision).
- -Coinsurance (the percentage of charges not paid by your health care plan).
- -Amounts over usual and customary limits.

#### Ineligible

- -All premiums/contributions for insurance coverage (including health insurance, long-term care, loss of income and loss of life).
- -Expenses paid by your health care plan.

#### Fees/Services

#### Eligible

- -Physician's fees.
- -Routine/preventive physicals.
- -Obstetrical expenses.
- -Hospital services.
- -Nursing services for care of a specific medical ailment.
- -Cost of a nurse's room and board when nurse services qualify.
- -The Social Security tax paid with respect to wages of a nurse when nurse's services qualify.
- -Surgical or diagnostic services.
- -Legal sterilization.
- -Cosmetic surgery/procedures that treat deformity caused by an accident or trauma, disease, or an abnormality at birth.
- -Services of chiropractors and osteopaths.
- -Anesthesiologist fees.
- -Dermatologist fees.
- -Gynecologist fees.

#### Ineligible

- -Cosmetic surgery/procedures that improve patient's appearance but do not meaningfully promote the proper function of a body or prevent/treat an illness/disease
- -Payments to domestic help, companion, babysitter, chauffeur, etc. who primarily render services of a non-medical nature.
- -Nursemaids or practical nurses who render general care for healthy infants.
- -Payments for child care (eligible under the Dependent Care FSA).

#### **Medical Equipment**

## **Eligible**

- -Wheelchair or autoette (cost of operating/maintaining).
- -Crutches (purchased or rented).
- -Oxygen equipment and oxygen used to relieve breathing problems that result from a medical condition.
- -Artificial limbs.
- -Support hose (if medically necessary).
- -Wigs (where necessary for mental health of individual who loses hair because of disease).

#### Ineligible

- -Wigs, when not medically necessary for mental health.
- -Vacuum cleaner purchased by an individual with dust allergy.

#### **Psychiatric Care**

#### Eligible

- -Services of psychotherapists, psychiatrists and psychologists.
- -Legal fees directly related to commitment of a mentally ill person.

#### Ineligible

- -Psychoanalysis undertaken to satisfy curriculum requirements of a student.
- -Marriage counseling.

# **Assistance for the Disabled**

#### Eligible

- -Cost of guide for a blind person.
- -cost of note-take for a deaf child in school.
- -Cost of Braille books and magazines in excess of cost of regular editions.
- -Seeing eye dog (cost of buying, training and maintaining).
- -Hearing-trained cat or other animal to assist deaf person (cost of buying, training and maintaining).
- -Household visual alert system for deaf person.
- -Excess costs of specifically equipping automobile for a disabled person over the cost of ordinary automobile; device for lifting a disabled person into automobile

## Miscellaneous Charges

## Eligible

- -Sales tax associated with an eligible expense.
- -Hearing aids, batteries for operation of hearing aids, hearing aid repairs.
- -Expenses connected with donating an organ.
- -Cost of computer storage of medical records.
- -Transportation expenses primarily for, and essential to, medical care including car mileage, bus, taxi, train, plane fares, ambulance services, parking fees and tolls.
  -Lodging expenses (not provided in a hospital or similar institution) not to exceed \$50 per night per individual while away

from home if the lodging is primarily for an

d essential to medical care provide by a

# Ineligible

- -Expenses of divorce when doctor or
- psychiatrist recommends divorce.
  -Cost of toiletries, cosmetics and sundry items (e.g. soap, toothbrushes).
- -Maternity clothes.
- -Diaper service.
- -Distilled water purchased to avoid drinking fluoridated city water supply.
- -Installation of power steering in an automobile.
- -Pajamas purchased to wear in a hospital.
  -Mobile telephone used for personal phone calls as well as calls to a physician.